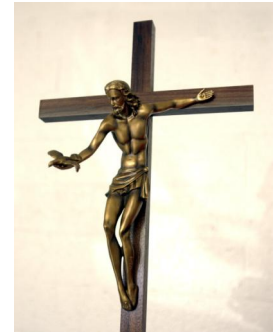


## Generations of Faith

This year's Theme is *Responding In Prayer (Prayer and Spirituality)*. The first session is Sunday, September 23<sup>rd</sup> following mass. We will have to tear down and set-up like last year for at least this first session. This year we will be focusing on ways to pray, praying during Lent/Christmas and Lent/Easter seasons. The Lord's Prayer will also be discussed and we will look into devotions.



For our first session, we are starting with 'Praying the Rosary' to prepare ourselves for the Month of the Rosary which is October.

When we pray the Rosary, we focus on one of the 4 Mysteries (Glorious, Joyful, Sorrowful, Luminous) of Jesus' life. We are asking Mary to intercede for us with Jesus, requesting him to listen to our prayers. During the session, groups of participants will be making rosaries, writing their own mystery and praying for peace.

A letter will be going out in a couple of weeks regarding the sessions, so look for it in the mail!

God Bless and have a great week!

The GOF Team

**Volunteer Positions:** We are looking for volunteers to do the following:

**GOF Food Coordination:** This team of volunteers will decide the menu, make calls to the families responsible for food for that session, and help set-up at each session.

**Home Kit Coordination:** This team of volunteers will review the upcoming session and determine items for the home kits.

